

# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL MAY

BULK LUNCH K-8 2022 23



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> - Cheeseburger - Broccoli Cheddar Potato Bowl W/ Roll - Turkey & Cheese Sandwich - Chicken Pesto Wrap	<b>2</b> - Beef Hot Dog - Pasta W/ Olive Oil & Cheese - Bagel Kit - Turkey & Cheese On Dutch Crunch	<b>3</b> - Spaghetti W/ Beef Meatsauce - Bean & Cheese Burrito - Chicken Bacon Ranch Salad W/ Roll - Smoked Chicken Wrap	<b>4</b> - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Tuna Sandwich - Chicken Caesar Wrap	<b>5</b> - Pepperoni Pizza - Cheese Pizza - Asian Chicken Wrap - Santa Fe Chicken Salad
<b>8</b> - Chicken Burrito - Red Beans & Rice - Sunbutter & Jelly Sandwich - ***Spicy*** Chicken Wrap	<b>9</b> - Chicken Corn Dog - Minestrone Soup W/ Roll - Bagel Kit - Italian Deli Sub	<b>10</b> - Teriyaki Chicken W/ Rice & Veggies - Cheesy Bean Dip W/ Tortilla Chips - Farmers Market Chicken Salad W/ Roll - Breaded Chicken Wrap	<b>11</b> - Bbq Chicken Quesadilla - Mac & Cheese - Breaded Chicken Salad - Egg Salad Sandwich	<b>12</b> - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll - Turkey & Cheese Sandwich
<b>15</b> - Beef Fajita Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap	<b>16</b> - Beef Hot Dog - Cheese Ravioli W/ Marinara Sauce - Turkey & Cheese On Dutch Crunch - Bagel Kit	<b>17</b> - Hamburger - Cheese Quesadilla - Chicken Salad On A Hoagie - Big Kahuna Tuna Wrap	<b>18</b> - Chicken Nuggets W/ Olive Oil & Cheese Pasta - South Of The Border Chili W/ Tortilla Chips - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips	<b>19</b> - Pepperoni Pizza - Cheese Pizza - Bbq Chicken Wrap - Italian Market Salad
<b>22</b> - Greek Chicken W/ Rice Pilaf - Pasta W/ Olive Oil & Cheese - Sunbutter & Jelly Sandwich - Chicken Caesar Wrap	<b>23</b> - Mr. Mike's Bbq Chicken Sandwich - Bean & Cheese Burrito - Yogurt Berry Parfait W/ Muffin - Bagel Kit	<b>24</b> - Chicken Calzone - Cheesy Breadsticks W/ Marinara - Chicken Caesar Wrap - Pesto Caprece Salad	<b>25</b> - Breaded Chicken Sandwich - Mac & Cheese - Farmers Market Egg Salad W/ Roll - Turkey And Cheddar On A Hoagie	<b>26</b> - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll - Italian Deli Sub
<b>29</b> No Meal Service	<b>30</b> - Beef Hot Dog - Pasta W/ Marinara & Cheese - Bagel Kit - Turkey & Cheese On Dutch Crunch	<b>31</b> - Spaghetti W/ Beef Meatsauce - Bean & Cheese Burrito - Chicken Bacon Ranch Salad W/ Roll - Smoked Chicken Wrap	<b>1</b>	<b>2</b>

### Drinks



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT, FRESH VEGETABLE AND A DRINK.



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

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## SCHOOL MAY

BREAKFAST K-12 2022 23



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> - Melted Cheese Bagel - Yogurt W/ Grahams - Breakfast Cereal	<b>2</b> - Sausage Egg & Cheese Biscuit - Breakfast Muffins - Breakfast Cereal	<b>3</b> - Scrambled Eggs W/ Muffin - Bagel W/ Cream Cheese - Breakfast Cereal	<b>4</b> - Chicken Patty Biscuit - Apple Cinnamon Frudel - Breakfast Cereal	<b>5</b> - French Toast Sticks - Sunbutter & Jelly Sandwich - Breakfast Cereal
<b>8</b> - Pancakes W/ Syrup - Breakfast Scones - Breakfast Cereal	<b>9</b> - Breakfast Chilaquiles - String Cheese And Mini Muffin - Breakfast Cereal	<b>10</b> - Sausage Biscuit Sandwich - Cheesy Cornbread Muffin - Breakfast Cereal	<b>11</b> - Breakfast Bowl W/ Biscuit - Yogurt W/ Grahams - Breakfast Cereal	<b>12</b> - Blueberry Crumble - Breakfast Muffins - Breakfast Cereal
<b>15</b> - Scrambled Eggs W/ Muffin - Bagel W/ Cream Cheese - Breakfast Cereal	<b>16</b> - Turkey Sausage On A Bun - Breakfast Scones - Breakfast Cereal	<b>17</b> - Sausage, Egg & Cheese Burrito - String Cheese And Mini Muffin - Breakfast Cereal	<b>18</b> - Chicken Patty Biscuit - Breakfast Muffins - Breakfast Cereal	<b>19</b> - French Toast Sticks - Sunbutter & Jelly Sandwich - Breakfast Cereal
<b>22</b> - Pancake & Sausage Sandwich - Breakfast Scones - Breakfast Cereal	<b>23</b> - Breakfast Bowl W/ Biscuit - Breakfast Muffins - Breakfast Cereal	<b>24</b> - Pancakes W/ Syrup - Bagel W/ Cream Cheese - Breakfast Cereal	<b>25</b> - Egg & Cheese Burrito - Breakfast Scones - Breakfast Cereal	<b>26</b> - Breakfast Chilaquiles - Cheesy Cornbread Muffin - Breakfast Cereal
<b>29</b> No Meal Service	<b>30</b> - Sausage Egg & Cheese Biscuit - Breakfast Muffins - Breakfast Cereal	<b>31</b> - Scrambled Eggs W/ Muffin - Bagel W/ Cream Cheese - Breakfast Cereal	<b>1</b>	<b>2</b>

### Drinks

1% Milk, Nonfat Milk



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## SCHOOL

# MAY

Vegan / Gluten Free



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> - Vegan Pinto Pozole W/ Tortilla Chips	<b>2</b> - Vegan Spanish Beans W/ Cilantro Lime Rice	<b>3</b> - Vegan Fried Rice	<b>4</b> - Vegan Black Bean Burrito Bowl	<b>5</b> - Vegan Three Bean Chili W/ Tortilla Chips
<b>8</b> - Myo Vegan Tacos	<b>9</b> - Vegan Indian Garbanzo Beans W/ Rice	<b>10</b> - Vegan Pinto Pozole W/ Tortilla Chips	<b>11</b> - Vegan Spanish Beans W/ Cilantro Lime Rice	<b>12</b> - Vegan Fried Rice
<b>15</b> - Vegan Black Bean Burrito Bowl	<b>16</b> - Vegan Three Bean Chili W/ Tortilla Chips	<b>17</b> - Myo Vegan Tacos	<b>18</b> - Vegan Indian Garbanzo Beans W/ Rice	<b>19</b> - Vegan Pinto Pozole W/ Tortilla Chips
<b>22</b> - Vegan Spanish Beans W/ Cilantro Lime Rice	<b>23</b> - Vegan Fried Rice	<b>24</b> - Vegan Black Bean Burrito Bowl	<b>25</b> - Vegan Three Bean Chili W/ Tortilla Chips	<b>26</b> - Myo Vegan Tacos
<b>29</b> No Meal Service	<b>30</b> - Vegan Pinto Pozole W/ Tortilla Chips	<b>31</b> - Vegan Spanish Beans W/ Cilantro Lime Rice	<b>1</b>	<b>2</b>

### Drinks

1% Milk, Nonfat Milk



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