

# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL

# MARCH

LUNCH K-8 AND 9-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> - Cheeseburger - Beef & Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	<b>27</b> - Spaghetti W/ Beef Meatsauce - Chicken Enchiladas - Black Bean & Veggie Burrito - Teriyaki Chicken Sushi Bowl - Big Kahuna Tuna Wrap - Bagel Kit	<b>28</b> - Sweet And Sour Sesame Chicken - Mr. Mike's Bbq Chicken Sandwich - Veggie Fried Rice - Summer Corn & Tomato Pasta Salad - Yogurt Berry Parfait W/ Muffin - Bagel Kit	<b>29</b> - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Cheesey Rollup - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	<b>1</b> - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken W/ Rice Pilaf - Bbq Chicken Wrap - Italian Market Salad - Bagel Kit
<b>4</b> - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	<b>5</b> - Chicken Corn Dog - Pasta X Plosion! - Veggie Chow Mein - Chicken Caesar Wrap - Athenian Chicken Salad W/ Pita Triangles - Bagel Kit	<b>6</b> - Beef Burrito - Chicken Chow Mein - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad - Bagel Kit	<b>7</b> - Breaded Chicken Sandwich - Chicken Tortilla Soup W/ Chips - Bean & Cheese Burrito - Farmer's Market Egg Salad W/ Roll - Turkey & Cheddar Hoagie - Bagel Kit	<b>8</b> - Meat Lover's Pizza - Cheese Pizza - Louisiana Jambalaya - Chicken Caesar Salad W/ Roll - Italian Deli Hoagie - Bagel Kit
<b>11</b> - Cheeseburger - Bbq Chicken Pasta - Broccoli Cheddar Potato Bowl W/ Roll - Turkey & Cheese Sandwich - Chicken Pesto Wrap - Bagel Kit	<b>12</b> - Beef Hot Dog - Greek Chicken W/ Rice Pilaf - Black Bean & Veggie Burrito - Sunbutter & Jelly Sandwich - Turkey & Cheese On Dutch Crunch - Bagel Kit	<b>13</b> - Wet Beef Burrito - Chicken Calzone - Pasta Primavera - Chicken Bacon Ranch Salad W/ Roll - Smoked Chicken Wrap - Bagel Kit	<b>14</b> - Pesto Chicken Sandwich - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Tuna Sandwich - Chicken Caesar Wrap - Bagel Kit	<b>15</b> - Meat Lover's Pizza - Cheese Pizza - Chicken Fajita Bowl - Asian Chicken Wrap - Santa Fe Chicken Salad - Bagel Kit
<b>18</b> - Hamburger - Chicken Burrito - Vegan Red Beans & Rice - Sunbutter & Jelly Sandwich - Spicy Chicken Wrap - Bagel Kit	<b>19</b> - Pesto Chicken W/ Pasta - Chicken Corn Dog - Mac And Cheese - Italian Deli Hoagie - Cobb Salad Wrap - Bagel Kit	<b>20</b> - Chicken Parmesan Sandwich - Teriyaki Chicken W/ Rice & Veggies - Cheesy Bean Dip W/ Tortilla Chips - Farmer's Market Chicken Salad W/ Roll - Breaded Chicken Wrap - Bagel Kit	<b>21</b> - Breaded Chicken Sandwich - Chicken Enchiladas - Bean & Cheese Burrito - Breaded Chicken Salad - Egg Salad Sandwich - Bagel Kit	<b>22</b> - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken & Cheese Rollup - Chicken Caesar Salad W/ Roll - Turkey & Cheese Sandwich - Bagel Kit



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>25</b> - Cheeseburger - Beef & Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	<b>26</b> - Beef Hot Dog - Spaghetti W/ Beef Meatsauce - Black Bean & Veggie Burrito - Teriyaki Chicken Sushi Bowl - Big Kahuna Tuna Wrap - Bagel Kit	<b>27</b> - Sweet And Sour Sesame Chicken - Mr. Mike's Bbq Chicken Sandwich - Cheesey Rollup - Summer Corn & Tomato Pasta Salad - Yogurt Berry Parfait W/ Muffin - Bagel Kit	<b>28</b> - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Mac And Cheese - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	<b>29</b> No meal service

## Drinks

1% Milk, Nonfat Chocolate Milk

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# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL

# MARCH

BREAKFAST K-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> - Melted Cheese Bagel - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>27</b> - Sausage & Cheese Muffin Sandwi - Breakfast Scones - Breakfast Cereal	<b>28</b> - Sausage Egg & Cheese Burrito - Concha - Breakfast Cereal	<b>29</b> - Sausage Egg & Cheese Burrito - Breakfast Muffins - Breakfast Cereal	<b>1</b> - French Toast Sticks - Sunbutter & Jelly Sandwich Brk - Breakfast Cereal
<b>4</b> - Melted Cheese Bagel - Breakfast Scones - Breakfast Cereal	<b>5</b> - Sausage, Egg & Cheese Burrito - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>6</b> - Breakfast Bowl W/Biscuit - Breakfast Muffins - Breakfast Cereal	<b>7</b> - Sausage Egg & Cheese Biscuit - Yogurt W/ Grahams - Breakfast Cereal	<b>8</b> - Denver Scramble Burrito - String Cheese & Mini Muffin - Breakfast Cereal
<b>11</b> - Pancake & Sausage Sandwich - Sunbutter & Jelly Sandwich Brk - Breakfast Cereal	<b>12</b> - Scrambled Eggs W/ Muffin - Breakfast Muffins - Breakfast Cereal	<b>13</b> - Pancakes W/ Syrup - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>14</b> - Maple Chicken Biscuit - Apple Cinnamon Frudel - Breakfast Cereal	<b>15</b> - French Toast Sticks - Concha - Breakfast Cereal
<b>18</b> - Melted Cheese Bagel - Breakfast Scones - Breakfast Cereal	<b>19</b> - Sausage Egg & Cheese Burrito - String Cheese & Mini Muffin - Breakfast Cereal	<b>20</b> - Breakfast Bowl W/Biscuit - Cheesy Cornbread Muffin - Breakfast Cereal	<b>21</b> - Sausage Egg & Cheese Biscuit - Yogurt W/ Grahams - Breakfast Cereal	<b>22</b> - Blueberry Crumble - Breakfast Muffins - Breakfast Cereal
<b>25</b> - Pancake & Sausage Sandwich - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>26</b> - Scrambled Eggs W/ Muffin - Breakfast Scones - Breakfast Cereal	<b>27</b> - Pancakes W/ Syrup - Concha - Breakfast Cereal	<b>28</b> - Maple Chicken Biscuit - Breakfast Muffins - Breakfast Cereal	<b>29</b> No meal service

### Drinks

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# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL

# MARCH

Vegan / Gluten Free



Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> - Vegan 3 Bean Chili W/ T.Chips	<b>27</b> - Vegan Fried Rice	<b>28</b> - Vegan Bean Burrito Bowl	<b>29</b> - Vegan Chickpea Tikka Masala	<b>1</b> - Vegan Pinto Pozole W/T. Chips
<b>4</b> - Vegan Spanish Beans W/ Rice	<b>5</b> - Vegan 3 Bean Chili W/ T.Chips	<b>6</b> - Vegan Fried Rice	<b>7</b> - Vegan Bean Burrito Bowl	<b>8</b> - Myo Vegan Tacos
<b>11</b> - Vegan Chickpea Tikka Masala	<b>12</b> - Vegan Pinto Pozole W/T. Chips	<b>13</b> - Vegan Spanish Beans W/ Rice	<b>14</b> - Vegan 3 Bean Chili W/ T.Chips	<b>15</b> - Vegan Fried Rice
<b>18</b> - Vegan Bean Burrito Bowl	<b>19</b> - Myo Vegan Tacos	<b>20</b> - Vegan Chickpea Tikka Masala	<b>21</b> - Vegan Pinto Pozole W/T. Chips	<b>22</b> - Vegan Spanish Beans W/ Rice
<b>25</b> - Vegan 3 Bean Chili W/ T.Chips	<b>26</b> - Vegan Fried Rice	<b>27</b> - Vegan Bean Burrito Bowl	<b>28</b> - Vegan Chickpea Tikka Masala	<b>29</b> No meal service

### Drinks

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