

# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL MAY

LUNCH K-8 AND 9-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	<b>30</b> - Chicken Corn Dog - Chicken Parmesan W/ Olive Oil & Parmesan Pasta - Veggie Chow Mein - Chicken Caesar Wrap - Athenian Chicken Salad W/ Pita Triangles - Bagel Kit	<b>1</b> - Beef Burrito - Chicken Chow Mein - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad - Bagel Kit	<b>2</b> - Breaded Chicken Sandwich - Chicken Tortilla Soup W/ Tortilla Chips - Mac And Cheese - Farmer's Market Egg Salad W/ Roll - Turkey And Cheddar On A Hoagie - Bagel Kit	<b>3</b> - Meat Lover's Pizza - Cheese Pizza - Louisiana Jambalaya - Chicken Caesar Salad W/ Roll - Italian Deli Sub - Bagel Kit
<b>6</b> - Cheeseburger - Bbq Chicken Pasta - Broccoli Cheddar Potato Bowl W/ Roll - Turkey And Cheese Sandwich - Chicken Pesto Wrap - Bagel Kit	<b>7</b> - Beef Hot Dog - Greek Chicken W/ Rice Pilaf - Bean & Cheese Burrito - Sunbutter & Jelly Sandwich - Smoked Chicken Wrap - Bagel Kit	<b>8</b> - Wet Beef Burrito - Chicken Calzone - Pasta Primavera - Chicken Bacon Ranch Salad W/ Roll - Turkey & Cheese On Dutch Crunch - Bagel Kit	<b>9</b> - Pesto Chicken Sandwich - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Tuna Sandwich - Chicken Caesar Wrap - Bagel Kit	<b>10</b> - Meat Lover's Pizza - Cheese Pizza - Chicken Fajita Bowl - Asian Chicken Wrap - Santa Fe Chicken Salad - Bagel Kit
<b>13</b> - Hamburger - Chicken Burrito - Vegan Red Beans & Rice - Sunbutter & Jelly Sandwich - Spicy Chicken Wrap - Bagel Kit	<b>14</b> - Pesto Chicken Over Pasta - Chicken Corn Dog - Minestrone Soup W/ Roll - Italian Deli Sub - Cobb Salad Wrap - Bagel Kit	<b>15</b> - Chicken Parmesan Sandwich - Teriyaki Chicken W/ Rice & Veggies - Cheesy Bean Dip W/ Tortilla Chips - Yogurt Berry Parfait W/ Muffin - Breaded Chicken Wrap - Bagel Kit	<b>16</b> - Breaded Chicken Sandwich - Chicken Enchiladas - Mac And Cheese - Breaded Chicken Salad - Egg Salad Sandwich - Bagel Kit	<b>17</b> - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken Quesadilla - Chicken Caesar Salad W/ Roll - Turkey And Cheese Sandwich - Bagel Kit
<b>20</b> - Cheeseburger - Beef And Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Turkey And Bacon Wrap - Bagel Kit	<b>21</b> - Spaghetti W/ Beef Meatsauce - Beef Hot Dog - Black Bean & Veggie Burrito - Teriyaki Chicken Sushi Bowl - Big Kahuna Tuna Wrap - Bagel Kit	<b>22</b> - Sweet And Sour Chicken - Mr. Mike's Bbq Chicken Sandwich - Cheese Quesadilla - Farmer's Market Chicken Salad W/ Roll - Turkey & Cheese On Dutch Crunch - Bagel Kit	<b>23</b> - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Bean & Cheese Burrito - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	<b>24</b> - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken And Rice - Bbq Chicken Wrap - Italian Market Salad - Bagel Kit



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>27</b> Memorial Day	<b>28</b> - Chicken Corn Dog - Chicken Parmesan W/ Olive Oil & Parmesan Pasta - Veggie Chow Mein - Chicken Caesar Wrap - Athenian Chicken Salad W/ Pita Triangles - Bagel Kit	<b>29</b> - Beef Burrito - Chicken Chow Mein - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad - Bagel Kit	<b>30</b> - Breaded Chicken Sandwich - Chicken Tortilla Soup W/ Tortilla Chips - Mac And Cheese - Farmer's Market Egg Salad W/ Roll - Turkey And Cheddar On A Hoagie - Bagel Kit	<b>31</b> - Meat Lover's Pizza - Cheese Pizza - Louisiana Jambalaya - Chicken Caesar Salad W/ Roll - Italian Deli Sub - Bagel Kit

**Drinks**  
 1% Milk, Nonfat Chocolate Milk

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# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL MAY

BREAKFAST K-12 2023-24



Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> - Melted Cheese Bagel - Breakfast Scones - Breakfast Cereal	<b>30</b> - Egg & Cheese Burrito - Breakfast Muffins - Breakfast Cereal	<b>1</b> - Breakfast Bowl W/ Biscuit - Breakfast Muffins - Breakfast Cereal	<b>2</b> - Sausage Egg & Cheese Biscuit - Yogurt W/ Grahams - Breakfast Cereal	<b>3</b> - French Toast Sticks - Cornbread Muffin - Breakfast Cereal
<b>6</b> - Denver Scramble Burrito - Sunbutter & Jelly Sandwich Brk - Breakfast Cereal	<b>7</b> - Scrambled Eggs W/ Muffin - Breakfast Muffins - Breakfast Cereal	<b>8</b> - Pancakes W/ Syrup - Concha - Breakfast Cereal	<b>9</b> - Maple Chicken Biscuit - Apple Cinnamon Frudel - Breakfast Cereal	<b>10</b> - Breakfast Chilaquiles - Breakfast Scones - Breakfast Cereal
<b>13</b> - Melted Cheese Bagel - Bagel W/ Cream Cheese - Breakfast Cereal	<b>14</b> - Breakfast Burrito - String Cheese & Mini Muffin - Breakfast Cereal	<b>15</b> - Breakfast Bowl W/ Biscuit - Concha - Breakfast Cereal	<b>16</b> - Sausage Egg & Cheese Biscuit - Yogurt W/ Grahams - Breakfast Cereal	<b>17</b> - Blueberry Crumble - Breakfast Muffins - Breakfast Cereal
<b>20</b> - French Toast Sticks - Bagel W/ Cream Cheese - Breakfast Cereal	<b>21</b> - Scrambled Eggs W/ Muffin - Breakfast Scones - Breakfast Cereal	<b>22</b> - Pancakes W/ Syrup - Concha - Breakfast Cereal	<b>23</b> - Maple Chicken Biscuit - Breakfast Muffins - Breakfast Cereal	<b>24</b> - Breakfast Chilaquiles - Sunbutter & Jelly Sandwich Brk - Breakfast Cereal
<b>27</b> Memorial Day	<b>28</b> - Breakfast Burrito - Bagel W/ Cream Cheese - Breakfast Cereal	<b>29</b> - Breakfast Bowl W/ Biscuit - Breakfast Muffins - Breakfast Cereal	<b>30</b> - Sausage Egg & Cheese Biscuit - Yogurt W/ Grahams - Breakfast Cereal	<b>31</b> - French Toast Sticks - Cornbread Muffin - Breakfast Cereal

### Drinks

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# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL MAY

Vegan / Gluten Free



Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> - Vegan Pinto Pozole W/T. Chips	<b>30</b> - Vegan Spanish Beans W/ Rice	<b>1</b> - Vegan Fried Rice	<b>2</b> - Vegan Bean Burrito Bowl	<b>3</b> - Myo Vegan Tacos
<b>6</b> - Vegan Chickpea Tikka Masala	<b>7</b> - Vegan Pinto Pozole W/T. Chips	<b>8</b> - Vegan Spanish Beans W/ Rice	<b>9</b> - Vegan 3 Bean Chili W/ T.Chips	<b>10</b> - Vegan Fried Rice
<b>13</b> - Vegan Bean Burrito Bowl	<b>14</b> - Myo Vegan Tacos	<b>15</b> - Vegan Chickpea Tikka Masala	<b>16</b> - Vegan Pinto Pozole W/T. Chips	<b>17</b> - Vegan Spanish Beans W/ Rice
<b>20</b> - Vegan 3 Bean Chili W/ T.Chips	<b>21</b> - Vegan Fried Rice	<b>22</b> - Vegan Bean Burrito Bowl	<b>23</b> - Myo Vegan Tacos	<b>24</b> - Vegan Chickpea Tikka Masala
<b>27</b> Memorial Day	<b>28</b> - Vegan 3 Bean Chili W/ T.Chips	<b>29</b> - Vegan Fried Rice	<b>30</b> - Vegan Bean Burrito Bowl	<b>31</b> - Myo Vegan Tacos

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