

# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL MARCH



LUNCH K-8 & 9-12 2024-2025

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
| <p><b>3</b> - Cheeseburger<br/>- Chicken Enchiladas<br/>- Pasta X Plosion!<br/>- Sbj Sammie<br/>- Cobb Salad Wrap<br/>- Bagel Kit</p>  | <p><b>4</b> - Spaghetti W/ Beef Meatsauce<br/>- Beef Hot Dog<br/>- Black Bean &amp; Veggie Burrito<br/>- Teriyaki Chicken Sushi Bowl<br/>- Cali Bistro Box<br/>- Bagel Kit</p>        | <p><b>5</b> - Sesame Orange Chicken W/ Rice<br/>- Mr. Mike's Bbq Chicken Sandwich<br/>- Cheese Wrapadilla<br/>- Farmer's Market Chicken Salad W/ Dinner Roll<br/>- Turkey &amp; Cheese On Dutch Crunch<br/>- Bagel Kit</p> | <p><b>6</b> - Chicken Nuggets W/ Olive Oil &amp; Parmesan Pasta<br/>- Beef Chili W/ Cornbread<br/>- B&amp; C Burrito<br/>- Hummus Rainbow Wrap<br/>- Southwest Veggie Taco Salad W/ Tortilla Chips<br/>- Bagel Kit</p> | <p><b>7</b> - Pepperoni Pizza<br/>- Cheese Pizza<br/>- Bbq Chicken W/ Rice Pilaf<br/>- Chicken Caesar Wrap<br/>- Italian Market Salad<br/>- Bagel Kit</p>                     |
| <p><b>10</b> - Hamburger<br/>- Pasta W/ Olive Oil &amp; Parmesan Pasta<br/>- Curry Fried Rice<br/>- Sbj Sammie<br/>- Chicken Bacon Ranch Wrap<br/>- Bagel Kit</p>                                    | <p><b>11</b> - Chicken Calzone<br/>- Beef Tamale W/ Mexican Rice<br/>- Veggie Chow Mein<br/>- Bbq Chicken Wrap<br/>- Athenian Chicken Salad W/ Pita Triangles<br/>- Bagel Kit</p>     | <p><b>12</b> - Chicken Burrito<br/>- Chicken Chow Mein<br/>- Pasta W/ Marinara &amp; Mozzarella<br/>- Yogurt Berry Parfait W/ Muffin<br/>- Pesto Caprece Salad<br/>- Bagel Kit</p>   | <p><b>13</b> - Breaded Chicken Sandwich<br/>- Chicken Kapama W/ Olive Oil &amp; Parmesan Pasta<br/>- Mac &amp; Cheese<br/>- Tex Mex Bistro Box<br/>- Turkey &amp; Cheese Hoagie<br/>- Bagel Kit</p>                    | <p><b>14</b> - Pepperoni Pizza<br/>- Cheese Pizza<br/>- Bbq Chicken Pizza<br/>- Chicken Caesar Salad W/ Dinner Roll<br/>- Italian Deli Sub<br/>- Bagel Kit</p>                |
| <p><b>17</b> - Bbq Cheeseburger<br/>- Greek Chicken W/ Rice Pilaf<br/>- Broccoli Cheddar Potato Bowl W/ Dinner Roll<br/>- Turkey &amp; Cheese Sandwich<br/>- Chicken Caesar Wrap<br/>- Bagel Kit</p> | <p><b>18</b> - Beef Hot Dog<br/>- Bbq Chicken Pasta<br/>- Cheese Enchiladas<br/>- Sbj Sammie<br/>- Smoked Chicken Wrap<br/>- Bagel Kit</p>  | <p><b>19</b> - Popcorn Chicken &amp; Tater Bowl<br/>- Chicken Parm Hoagie<br/>- Pasta Primavera<br/>- Chicken Bacon Ranch Salad W/ Dinner Roll<br/>- Turkey &amp; Cheese On Dutch Crunch<br/>- Bagel Kit</p>               | <p><b>20</b> - Chicken &amp; Rice Soup<br/>- Chicken Nuggets W/ Rice Pilaf<br/>- Cheese Ravioli W/ Marinara Sauce<br/>- Picnic Bistro Box<br/>- Cobb Salad Wrap<br/>- Bagel Kit</p>                                    | <p><b>21</b> - Pepperoni Pizza<br/>- Cheese Pizza<br/>- Louisiana Jambalaya<br/>- Asian Chicken Wrap<br/>- Santa Fe Chicken Salad<br/>- Bagel Kit</p>                         |
| <p><b>24</b> - Hamburger<br/>- Boneless Buffalo Chicken Wings &amp; Rice Pilaf<br/>- Veggie Fried Rice<br/>- Breaded Chicken Salad<br/>- Spicy Chicken Wrap<br/>- Bagel Kit</p>                      | <p><b>25</b> - Pesto Chicken Sandwich<br/>- Sweet And Sour Chicken<br/>- Cheesy Breadsticks W/ Marinara Sauce<br/>- Turkey &amp; Cheese Sandwich<br/>- Sbj Sammie<br/>- Bagel Kit</p> | <p><b>26</b> - Buffalo Chicken Hoagie<br/>- Teriyaki Chicken W/ Rice &amp; Veggies<br/>- Minestrone Soup &amp; Roll<br/>- Yogurt Berry Parfait W/ Muffin<br/>- Chicken Pesto Wrap<br/>- Bagel Kit</p>                      | <p><b>27</b> - Breaded Chicken Sandwich<br/>- Western Wrap Up<br/>- Cheesy Bean Dip W/ Tortilla Chips<br/>- Confetti Bean And Rice Salad<br/>- Breaded Chicken Wrap<br/>- Bagel Kit</p>                                | <p><b>28</b> - Pepperoni Pizza<br/>- Cheese Pizza<br/>- Bbq Chicken Pizza<br/>- Chicken Caesar Salad W/ Dinner Roll<br/>- Turkey &amp; Cranberry Sandwich<br/>- Bagel Kit</p> |



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



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| Monday          | Tuesday        | Wednesday      | Thursday       | Friday         |
|-----------------|----------------|----------------|----------------|----------------|
| 31 Spring Break | 1 Spring Break | 2 Spring Break | 3 Spring Break | 4 Spring Break |

**Drinks**  
1% Milk, Nonfat Chocolate Milk

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# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL MARCH



BREAKFAST K-12 2024-2025

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| <b>3</b> - French Toast Sticks<br>- Bagel W/ Cream Cheese<br>- Breakfast Cereal  | <b>4</b> - Scrambled Eggs W/ Muffin<br>- Breakfast Scones<br>- Breakfast Cereal       | <b>5</b> - Maple Chicken Biscuit<br>- Concha<br>- Breakfast Cereal                              | <b>6</b> - Pancakes W/ Syrup<br>- Sunbutter & Jelly Sandwich<br>- Breakfast Cereal             | <b>7</b> - Egg, Bacon & Cheese Scramble W/ Roll<br>- Cowboy Bread<br>- Breakfast Cereal         |
| <b>10</b> - Melted Cheese Bagel<br>- Breakfast Muffins<br>- Breakfast Cereal     | <b>11</b> - Breakfast Burrito<br>- Bagel W/ Cream Cheese<br>- Breakfast Cereal        | <b>12</b> - Scrambled Eggs W/ Biscuit<br>- Apple Cinnamon Frudel<br>- Breakfast Cereal          | <b>13</b> - Breakfast Bowl W/ Biscuit<br>- Yogurt W/ Grahams<br>- Breakfast Cereal             | <b>14</b> - Southwest Breakfast Burrito<br>- String Cheese W/ Mini Muffin<br>- Breakfast Cereal |
| <b>17</b> - French Toast Sticks<br>- Breakfast Scones<br>- Breakfast Cereal      | <b>18</b> - Scrambled Eggs W/ Muffin<br>- Bagel W/ Cream Cheese<br>- Breakfast Cereal | <b>19</b> - Maple Chicken Biscuit<br>- Concha<br>- Breakfast Cereal                             | <b>20</b> - Egg & Cheese Burrito<br>- Cinnamon Swirl<br>- Breakfast Cereal                     | <b>21</b> - Breakfast Chilaquilles<br>- Breakfast Scones<br>- Breakfast Cereal                  |
| <b>24</b> - Melted Cheese Bagel<br>- Bagel W/ Cream Cheese<br>- Breakfast Cereal | <b>25</b> - Breakfast Burrito<br>- Breakfast Muffins<br>- Breakfast Cereal            | <b>26</b> - Breakfast Bowl W/ Biscuit<br>- Hard Boiled Egg W/ Mini Muffin<br>- Breakfast Cereal | <b>27</b> - Pancakes W/ Syrup<br>- Cinnamon Raisin Bagel W/ Cream Cheese<br>- Breakfast Cereal | <b>28</b> - Denver Scramble Burrito<br>- Cherry Frudel<br>- Breakfast Cereal                    |
| <b>31</b> Spring Break   | <b>1</b> Spring Break   | <b>2</b> Spring Break   | <b>3</b> Spring Break  | <b>4</b> Spring Break   |

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# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL

# MARCH



| Monday  | Tuesday  | Wednesday                          | Thursday  | Friday   |
|---|--|------------------------------------|---|--|
| <b>3</b> - Vegan 3 Bean Chili W/<br>Tortilla Chips  | <b>4</b> - Vegan Fried Rice                              | <b>5</b> - Vegan Burrito Bowl      | <b>6</b> - Vegan Chickpea Tikka<br>Masala           | <b>7</b> - Myo Vegan Tacos                               |
| <b>10</b> - Vegan Pinto Pozole W/<br>Tortilla Chips | <b>11</b> - Vegan Spanish Beans W/<br>Cilantro Lime Rice | <b>12</b> - Vegan Red Beans & Rice | <b>13</b> - Vegan 3 Bean Chili W/<br>Tortilla Chips | <b>14</b> - Vegan Fried Rice                             |
| <b>17</b> - Vegan Burrito Bowl                      | <b>18</b> - Vegan Chickpea Tikka<br>Masala               | <b>19</b> - Myo Vegan Tacos        | <b>20</b> - Vegan Pinto Pozole W/<br>Tortilla Chips | <b>21</b> - Vegan Spanish Beans W/<br>Cilantro Lime Rice |
| <b>24</b> - Vegan Red Beans & Rice                  | <b>25</b> - Vegan 3 Bean Chili W/<br>Tortilla Chips      | <b>26</b> - Vegan Fried Rice       | <b>27</b> - Vegan Burrito Bowl                      | <b>28</b> - Vegan Chickpea Tikka<br>Masala               |
| <b>31</b> Spring Break                              | <b>1</b> Spring Break                                    | <b>2</b> Spring Break              | <b>3</b> Spring Break                               | <b>4</b> Spring Break                                    |

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# UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH

## SCHOOL

# MARCH



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| <b>3</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit  | <b>4</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit  | <b>5</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit  | <b>6</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit  | <b>7</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit  |
| <b>10</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>11</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>12</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>13</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>14</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit |
| <b>17</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>18</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>19</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>20</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>21</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit |
| <b>24</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>25</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>26</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>27</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit | <b>28</b> - Turkey & Cheese Sandwich<br>- Sbj Sammie<br>- Bagel Kit |
| <b>31</b> Spring Break  | <b>1</b> Spring Break   | <b>2</b> Spring Break   | <b>3</b> Spring Break   | <b>4</b> Spring Break   |

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UNIVERSITY PREPERATORY ACADEMY  
 CHARTER HIGH SCHOOL  
**MARCH**

LUNCH K-8 & 9-12  
 2024-2025



| Date               | Menu Item                                     | Allergens  |
|--------------------|---|--|
| <b>Monday 3</b>    | Cheeseburger                                  | Wheat, Soy, Milk, Beef, Sesame                                 |
|                    | Chicken Enchiladas                            | Soy, Milk, Chicken, Tomato, Sesame                             |
|                    | Pasta X Plosion!                              | Veg Wheat, Milk, Tomato  |
|                    | Sbj Sammie                                    | Veg Wheat, Soy, Sesame   |
|                    | Cobb Salad Wrap                               | Wheat, Chicken, Milk, Pork, Egg, Fish, Shellfish, Tomato, Beef |
|                    | Bagel Kit                                     | Veg Wheat, Soy, Milk, Sesame                                   |
| <b>Tuesday 4</b>   | Spaghetti W/ Beef Meatsauce                   | Wheat, Egg, Beef, Milk, Tomato, Soy                            |
|                    | Beef Hot Dog                                  | Wheat, Soy, Beef, Sesame                                       |
|                    | Black Bean & Veggie Burrito                   | Veg Milk, Wheat, Tomato  |
|                    | Teriyaki Chicken Sushi Bowl                   | Wheat, Soy, Chicken, Sesame                                    |
|                    | Cali Bistro Box                               | Milk, Wheat  |
|                    | Bagel Kit                                     | Veg Wheat, Soy, Milk, Sesame                                   |
| <b>Wednesday 5</b> | Sesame Orange Chicken W/ Rice                 | Wheat, Soy, Chicken, Sesame                                    |
|                    | Mr. Mike's Bbq Chicken Sandwich               | Wheat, Soy, Milk, Chicken, Tomato, Sesame                      |
|                    | Cheese Wrapadilla                             | Wheat, Milk  |
|                    | Farmer's Market Chicken Salad W/ Dinner Roll  | Wheat, Soy, Egg, Milk, Chicken, Sesame                         |
|                    | Turkey & Cheese On Dutch Crunch               | Wheat, Soy, Milk, Turkey, Sesame                               |
|                    | Bagel Kit                                     | Veg Wheat, Soy, Milk, Sesame                                   |
| <b>Thursday 6</b>  | Chicken Nuggets W/ Olive Oil & Parmesan Pasta | Wheat, Soy, Egg, Milk, Chicken, Sesame                         |
|                    | Beef Chili W/ Cornbread                       | Wheat, Soy, Egg, Milk, Beef, Tomato                            |
|                    | B& C Burrito                                  | Veg Milk, Wheat, Soy   |
|                    | Hummus Rainbow Wrap                           | Veg Wheat  |
|                    | Southwest Veggie Taco Salad W/ Tortilla Chips | Milk, Soy, Tomato, Egg   |
|                    | Bagel Kit                                     | Veg Wheat, Soy, Milk, Sesame                                   |
| <b>Friday 7</b>    | Pepperoni Pizza                               | Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey                   |
|                    | Cheese Pizza                                  | Veg Wheat, Soy, Milk, Tomato                                   |
|                    | Bbq Chicken W/ Rice Pilaf                     | Chicken, Tomato  |
|                    | Chicken Caesar Wrap                           | Wheat, Chicken, Milk, Egg, Fish                                |
|                    | Italian Market Salad                          | Wheat, Soy, Milk, Pork, Beef, Turkey                           |
|                    | Bagel Kit                                     | Veg Wheat, Soy, Milk, Sesame                                   |
| <b>Monday 10</b>   | Hamburger                                     | Wheat, Soy, Beef, Sesame                                       |
|                    | Pasta W/ Olive Oil & Parmesan Pasta           | Veg Wheat, Milk  |
|                    | Curry Fried Rice                              | Veg Wheat, Soy, Egg, Sesame                                    |
|                    | Sbj Sammie                                    | Veg Wheat, Soy, Sesame   |
|                    | Chicken Bacon Ranch Wrap                      | Wheat, Milk, Pork, Chicken, Egg, Tomato                        |
|                    | Bagel Kit                                     | Veg Wheat, Soy, Milk, Sesame                                   |
| <b>Tuesday 11</b>  | Chicken Calzone                               | Wheat, Soy, Egg, Milk, Pork, Chicken, Fish, Tomato, Sesame     |
|                    | Beef Tamale W/ Mexican Rice                   | Wheat, Soy, Beef, Sesame                                       |
|                    | Veggie Chow Mein                              | Veg Wheat, Soy, Egg, Sesame                                    |
|                    | Bbq Chicken Wrap                              | Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish                |

|                     |  |     |  |
|---------------------|--|-----|--|
| <b>Wednesday 12</b> | Athenian Chicken Salad W/ Pita Triangles     |     | Milk, Chicken, Wheat, Tomato, Pork                   |
|                     | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
|                     | Chicken Burrito                              |     | Milk, Chicken, Wheat, Tomato                         |
|                     | Chicken Chow Mein                            |     | Wheat, Soy, Egg, Chicken, Sesame                     |
|                     | Pasta W/ Marinara & Mozzarella               | Veg | Wheat, Egg, Milk, Tomato                             |
|                     | Yogurt Berry Parfait W/ Muffin               | Veg | Wheat, Egg, Milk, Soy                                |
|                     | Pesto Caprece Salad                          | Veg | Wheat, Milk, Tomato                                  |
| <b>Thursday 13</b>  | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
|                     | Breaded Chicken Sandwich                     |     | Wheat, Soy, Milk, Chicken, Sesame                    |
|                     | Chicken Kapama W/ Olive Oil & Parmesan Pasta |     | Chicken, Wheat, Milk, Tomato                         |
|                     | Mac & Cheese                                 | Veg | Wheat, Milk  |
|                     | Tex Mex Bistro Box                           |     | Soy, Milk, Tomato                                    |
|                     | Turkey & Cheese Hoagie                       |     | Wheat, Milk, Turkey, Sesame                          |
| <b>Friday 14</b>    | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
|                     | Pepperoni Pizza                              |     | Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey         |
|                     | Cheese Pizza                                 | Veg | Wheat, Soy, Milk, Tomato                             |
|                     | Bbq Chicken Pizza                            |     | Wheat, Soy, Milk, Pork, Chicken, Tomato              |
|                     | Chicken Caesar Salad W/ Dinner Roll          |     | Wheat, Soy, Egg, Milk, Chicken, Fish, Sesame         |
|                     | Italian Deli Sub                             |     | Wheat, Soy, Milk, Pork, Beef, Turkey, Sesame         |
|                     | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
| <b>Monday 17</b>    | Bbq Cheeseburger                             |     | Beef, Wheat, Milk, Soy, Pork                         |
|                     | Greek Chicken W/ Rice Pilaf                  |     | Chicken  |
|                     | Broccoli Cheddar Potato Bowl W/ Dinner Roll  | Veg | Wheat, Soy, Egg, Milk, Sesame                        |
|                     | Turkey & Cheese Sandwich                     |     | Wheat, Soy, Milk, Turkey, Sesame                     |
|                     | Chicken Caesar Wrap                          |     | Wheat, Chicken, Milk, Egg, Fish                      |
|                     | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
| <b>Tuesday 18</b>   | Beef Hot Dog                                 |     | Wheat, Soy, Beef, Sesame                             |
|                     | Bbq Chicken Pasta                            |     | Chicken, Wheat, Milk, Tomato                         |
|                     | Cheese Enchiladas                            | Veg | Milk, Soy, Tomato                                    |
|                     | Sbj Sammie                                   | Veg | Wheat, Soy, Sesame                                   |
|                     | Smoked Chicken Wrap                          |     | Wheat, Soy, Egg, Milk, Chicken, Tomato               |
|                     | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
| <b>Wednesday 19</b> | Popcorn Chicken & Tater Bowl                 |     | Soy, Milk, Chicken, Wheat                            |
|                     | Chicken Parm Hoagie                          |     | Wheat, Soy, Milk, Chicken, Tomato, Sesame            |
|                     | Pasta Primavera                              | Veg | Wheat, Milk, Soy                                     |
|                     |  |     | Wheat, Soy, Egg, Milk, Pork, Chicken, Tomato, Sesame |
|                     | Chicken Bacon Ranch Salad W/ Dinner Roll     |     |  |
|                     | Turkey & Cheese On Dutch Crunch              |     | Wheat, Soy, Milk, Turkey, Sesame                     |
|                     | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
| <b>Thursday 20</b>  | Chicken & Rice Soup                          |     | Chicken  |
|                     | Chicken Nuggets W/ Rice Pilaf                |     | Wheat, Soy, Egg, Milk, Chicken, Sesame               |
|                     | Cheese Ravioli W/ Marinara Sauce             | Veg | Egg, Milk, Wheat, Tomato                             |
|                     | Picnic Bistro Box                            |     | Wheat, Soy, Milk, Turkey, Sesame                     |
|                     |  |     | Wheat, Chicken, Milk, Pork, Egg, Fish, Shellfish,    |
|                     | Cobb Salad Wrap                              |     | Tomato, Beef   |
|                     | Bagel Kit                                    | Veg | Wheat, Soy, Milk, Sesame                             |
| <b>Friday 21</b>    | Pepperoni Pizza                              |     | Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey         |
|                     | Cheese Pizza                                 | Veg | Wheat, Soy, Milk, Tomato                             |
|                     | Louisiana Jambalaya                          |     | Beef, Tomato, Turkey                                 |

|                     |   |     |  |
|---------------------|---|-----|--|
|                     | Asian Chicken Wrap                          |     | Wheat, Soy, Milk, Chicken, Sesame              |
|                     | Santa Fe Chicken Salad                      |     | Chicken, Milk, Tomato, Soy, Egg                |
|                     | Bagel Kit                                   | Veg | Wheat, Soy, Milk, Sesame                       |
| <b>Monday 24</b>    | Hamburger                                   |     | Wheat, Soy, Beef, Sesame                       |
|                     | Boneless Buffalo Chicken Wings & Rice Pilaf |     | Wheat, Soy, Milk, Chicken, Sesame              |
|                     | Veggie Fried Rice                           |     | Wheat, Soy, Egg, Sesame                        |
|                     | Breaded Chicken Salad                       |     | Wheat, Soy, Egg, Milk, Chicken, Tomato, Sesame |
|                     | Spicy Chicken Wrap                          |     | Wheat, Soy, Egg, Milk, Chicken, Sesame         |
|                     | Bagel Kit                                   | Veg | Wheat, Soy, Milk, Sesame                       |
| <b>Tuesday 25</b>   | Pesto Chicken Sandwich                      |     | Chicken, Milk, Wheat, Soy                      |
|                     | Sweet And Sour Chicken                      |     | Wheat, Soy, Egg, Milk, Chicken, Sesame         |
|                     | Cheesy Breadsticks W/ Marinara Sauce        | Veg | Wheat, Soy, Milk, Tomato                       |
|                     | Turkey & Cheese Sandwich                    |     | Wheat, Soy, Milk, Turkey, Sesame               |
|                     | Sbj Sammie                                  | Veg | Wheat, Soy, Sesame                             |
|                     | Bagel Kit                                   | Veg | Wheat, Soy, Milk, Sesame                       |
| <b>Wednesday 26</b> | Buffalo Chicken Hoagie                      |     | Wheat, Soy, Milk, Chicken                      |
|                     | Teriyaki Chicken W/ Rice & Veggies          |     | Wheat, Soy, Chicken, Sesame                    |
|                     | Minestrone Soup & Roll                      | Veg | Wheat, Soy, Egg, Tomato, Sesame                |
|                     | Yogurt Berry Parfait W/ Muffin              | Veg | Wheat, Egg, Milk, Soy                          |
|                     | Chicken Pesto Wrap                          |     | Chicken, Wheat, Milk, Soy                      |
|                     | Bagel Kit                                   | Veg | Wheat, Soy, Milk, Sesame                       |
| <b>Thursday 27</b>  | Breaded Chicken Sandwich                    |     | Wheat, Soy, Milk, Chicken, Sesame              |
|                     | Western Wrap Up                             |     | Wheat, Soy, Milk, Chicken, Sesame              |
|                     | Cheesy Bean Dip W/ Tortilla Chips           |     | Milk, Soy                                      |
|                     | Confetti Bean And Rice Salad                |     | Tomato   |
|                     | Breaded Chicken Wrap                        |     | Wheat, Soy, Egg, Milk, Chicken, Sesame         |
|                     | Bagel Kit                                   | Veg | Wheat, Soy, Milk, Sesame                       |
| <b>Friday 28</b>    | Pepperoni Pizza                             |     | Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey   |
|                     | Cheese Pizza                                | Veg | Wheat, Soy, Milk, Tomato                       |
|                     | Bbq Chicken Pizza                           |     | Wheat, Soy, Milk, Pork, Chicken, Tomato        |
|                     | Chicken Caesar Salad W/ Dinner Roll         |     | Wheat, Soy, Egg, Milk, Chicken, Fish, Sesame   |
|                     | Turkey & Cranberry Sandwich                 |     | Wheat, Turkey                                  |
|                     | Bagel Kit                                   | Veg | Wheat, Soy, Milk, Sesame                       |



UNIVERSITY PREPERATORY ACADEMY  
 CHARTER HIGH SCHOOL  
**MARCH**

**BREAKFAST K-12  
 2024-2025**



| Date                | Menu Item                            | Allergens   |
|---------------------|--------------------------------------|---|
| <b>Monday 3</b>     | French Toast Sticks                  | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Bagel W/ Cream Cheese                | Wheat, Soy, Milk, Sesame                          |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Tuesday 4</b>    | Scrambled Eggs W/ Muffin             | Egg, Milk, Soy, Wheat, Egg                        |
|                     | Breakfast Scones                     | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Wednesday 5</b>  | Maple Chicken Biscuit                | Wheat, Soy, Milk, Chicken, Sesame                 |
|                     | Concha                               | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Thursday 6</b>   | Pancakes W/ Syrup                    | Wheat, Milk, Egg, Soy                             |
|                     | Sunbutter & Jelly Sandwich           | Wheat, Soy, Sesame                                |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Friday 7</b>     | Egg, Bacon & Cheese Scramble W/ Roll | Wheat, Soy, Egg, Milk, Pork                       |
|                     | Cowboy Bread                         | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <hr/>               |                                      |   |
| <b>Monday 10</b>    | Melted Cheese Bagel                  | Wheat, Soy, Milk, Sesame                          |
|                     | Breakfast Muffins                    | Wheat, Soy, Egg, Milk                             |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Tuesday 11</b>   | Breakfast Burrito                    | Wheat, Soy, Egg, Pork, Beef, Turkey               |
|                     | Bagel W/ Cream Cheese                | Wheat, Soy, Milk, Sesame                          |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Wednesday 12</b> | Scrambled Eggs W/ Biscuit            | Wheat, Soy, Egg, Sesame                           |
|                     | Apple Cinnamon Frudel                | Veg Wheat, Soy, Egg, Milk                         |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Thursday 13</b>  | Breakfast Bowl W/ Biscuit            | Wheat, Soy, Egg, Milk, Pork, Beef, Turkey, Sesame |
|                     | Yogurt W/ Grahams                    | Wheat, Soy, Milk                                  |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Friday 14</b>    | Southwest Breakfast Burrito          | Egg, Milk, Wheat, Soy                             |
|                     | String Cheese W/ Mini Muffin         | Milk, Wheat, Soy, Egg                             |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <hr/>               |                                      |   |
| <b>Monday 17</b>    | French Toast Sticks                  | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Scones                     | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Tuesday 18</b>   | Scrambled Eggs W/ Muffin             | Egg, Milk, Soy, Wheat, Egg                        |
|                     | Bagel W/ Cream Cheese                | Wheat, Soy, Milk, Sesame                          |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Wednesday 19</b> | Maple Chicken Biscuit                | Wheat, Soy, Milk, Chicken, Sesame                 |
|                     | Concha                               | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                     | Wheat, Soy, Milk, Pork, Beef                      |

|                     |                                       |   |
|---------------------|---------------------------------------|---|
| <b>Thursday 20</b>  | Egg & Cheese Burrito                  | Wheat, Soy, Egg, Milk, Pork, Turkey               |
|                     | Cinnamon Swirl                        | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                      | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Friday 21</b>    | Breakfast Chilaquilles                | Wheat, Soy, Egg, Milk                             |
|                     | Breakfast Scones                      | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                      | Wheat, Soy, Milk, Pork, Beef                      |
| <hr/>               |                                       |   |
| <b>Monday 24</b>    | Melted Cheese Bagel                   | Wheat, Soy, Milk, Sesame                          |
|                     | Bagel W/ Cream Cheese                 | Wheat, Soy, Milk, Sesame                          |
|                     | Breakfast Cereal                      | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Tuesday 25</b>   | Breakfast Burrito                     | Wheat, Soy, Egg, Pork, Beef, Turkey               |
|                     | Breakfast Muffins                     | Wheat, Soy, Egg, Milk                             |
|                     | Breakfast Cereal                      | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Wednesday 26</b> | Breakfast Bowl W/ Biscuit             | Wheat, Soy, Egg, Milk, Pork, Beef, Turkey, Sesame |
|                     | Hard Boiled Egg W/ Mini Muffin        | Wheat, Soy, Egg, Milk, Sesame                     |
|                     | Breakfast Cereal                      | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Thursday 27</b>  | Pancakes W/ Syrup                     | Wheat, Milk, Egg, Soy                             |
|                     | Cinnamon Raisin Bagel W/ Cream Cheese | Wheat, Pork, Milk                                 |
|                     | Breakfast Cereal                      | Wheat, Soy, Milk, Pork, Beef                      |
| <b>Friday 28</b>    | Denver Scramble Burrito               | Wheat, Soy, Egg, Milk, Pork                       |
|                     | Cherry Frudel                         | Wheat, Soy, Egg, Milk                             |
|                     | Breakfast Cereal                      | Wheat, Soy, Milk, Pork, Beef                      |

UNIVERSITY PREPERATORY ACADEMY  
 CHARTER HIGH SCHOOL  
**MARCH**

Vegan / Gluten  
 Free



| Date                | Menu Item                                 | Allergens |             |
|---------------------|---|-----------|-------------|
| <b>Monday 3</b>     | Vegan 3 Bean Chili W/ Tortilla Chips      | V         | Tomato      |
| <b>Tuesday 4</b>    | Vegan Fried Rice                          | V         | Soy, Sesame |
| <b>Wednesday 5</b>  | Vegan Burrito Bowl                        | V         | Tomato      |
| <b>Thursday 6</b>   | Vegan Chickpea Tikka Masala               | V         | Tomato      |
| <b>Friday 7</b>     | Myo Vegan Tacos                           | V         | Tomato      |
| <hr/>               |   |           |             |
| <b>Monday 10</b>    | Vegan Pinto Pozole W/ Tortilla Chips      | V         | Tomato      |
| <b>Tuesday 11</b>   | Vegan Spanish Beans W/ Cilantro Lime Rice | V         | Tomato      |
| <b>Wednesday 12</b> | Vegan Red Beans & Rice                    |           | Tomato      |
| <b>Thursday 13</b>  | Vegan 3 Bean Chili W/ Tortilla Chips      | V         | Tomato      |
| <b>Friday 14</b>    | Vegan Fried Rice                          | V         | Soy, Sesame |
| <hr/>               |   |           |             |
| <b>Monday 17</b>    | Vegan Burrito Bowl                        | V         | Tomato      |
| <b>Tuesday 18</b>   | Vegan Chickpea Tikka Masala               | V         | Tomato      |
| <b>Wednesday 19</b> | Myo Vegan Tacos                           | V         | Tomato      |
| <b>Thursday 20</b>  | Vegan Pinto Pozole W/ Tortilla Chips      | V         | Tomato      |
| <b>Friday 21</b>    | Vegan Spanish Beans W/ Cilantro Lime Rice | V         | Tomato      |
| <hr/>               |   |           |             |
| <b>Monday 24</b>    | Vegan Red Beans & Rice                    |           | Tomato      |
| <b>Tuesday 25</b>   | Vegan 3 Bean Chili W/ Tortilla Chips      | V         | Tomato      |
| <b>Wednesday 26</b> | Vegan Fried Rice                          | V         | Soy, Sesame |
| <b>Thursday 27</b>  | Vegan Burrito Bowl                        | V         | Tomato      |
| <b>Friday 28</b>    | Vegan Chickpea Tikka Masala               | V         | Tomato      |

UNIVERSITY PREPERATORY ACADEMY  
CHARTER HIGH SCHOOL

**MARCH**

Field Trip



| Date                | Menu Item                | Allergens                        |
|---------------------|--------------------------|----------------------------------|
| <b>Monday 3</b>     | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Tuesday 4</b>    | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Wednesday 5</b>  | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Thursday 6</b>   | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Friday 7</b>     | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Monday 10</b>    | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Tuesday 11</b>   | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Wednesday 12</b> | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Thursday 13</b>  | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Friday 14</b>    | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Monday 17</b>    | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Tuesday 18</b>   | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |
| <b>Wednesday 19</b> | Turkey & Cheese Sandwich | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg Wheat, Soy, Sesame           |
|                     | Bagel Kit                | Veg Wheat, Soy, Milk, Sesame     |

|                     |                          |     |                                  |
|---------------------|--------------------------|-----|----------------------------------|
| <b>Thursday 20</b>  | Turkey & Cheese Sandwich |     | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg | Wheat, Soy, Sesame               |
|                     | Bagel Kit                | Veg | Wheat, Soy, Milk, Sesame         |
| <b>Friday 21</b>    | Turkey & Cheese Sandwich |     | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg | Wheat, Soy, Sesame               |
|                     | Bagel Kit                | Veg | Wheat, Soy, Milk, Sesame         |
| <hr/>               |                          |     |                                  |
| <b>Monday 24</b>    | Turkey & Cheese Sandwich |     | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg | Wheat, Soy, Sesame               |
|                     | Bagel Kit                | Veg | Wheat, Soy, Milk, Sesame         |
| <b>Tuesday 25</b>   | Turkey & Cheese Sandwich |     | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg | Wheat, Soy, Sesame               |
|                     | Bagel Kit                | Veg | Wheat, Soy, Milk, Sesame         |
| <b>Wednesday 26</b> | Turkey & Cheese Sandwich |     | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg | Wheat, Soy, Sesame               |
|                     | Bagel Kit                | Veg | Wheat, Soy, Milk, Sesame         |
| <b>Thursday 27</b>  | Turkey & Cheese Sandwich |     | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg | Wheat, Soy, Sesame               |
|                     | Bagel Kit                | Veg | Wheat, Soy, Milk, Sesame         |
| <b>Friday 28</b>    | Turkey & Cheese Sandwich |     | Wheat, Soy, Milk, Turkey, Sesame |
|                     | Sbj Sammie               | Veg | Wheat, Soy, Sesame               |
|                     | Bagel Kit                | Veg | Wheat, Soy, Milk, Sesame         |