

Monday	Tuesday	Wednesday	Thursday	Friday
2 - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sbj Sammie - Chicken Bacon Ranch Wrap - Bagel Kit	3 - Chicken Corn Dog - Chicken Enchiladas - Veggie Chow Mein - Bbq Chicken Wrap - Athenian Chicken Salad W/ Pita Triangles - Bagel Kit	4 - Chicken Calzone - Chicken Chow Mein - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprese Salad - Bagel Kit	5 - Breaded Chicken Sandwich - Chicken Kapama W/ Olive Oil & Parmesan Pasta - Mac & Cheese - Tex Mex Bistro Box W/ Tortilla Chips - Turkey & Cheese Hoagie - Bagel Kit	6 - Pepperoni Pizza - Cheese Pizza - Bbq Chicken Pizza - Chicken Caesar Salad W/ Dinner Roll - Italian Deli Sub - Bagel Kit
9 - Bbq Cheeseburger - Greek Chicken W/ Rice Pilaf - Pasta X Plosion! - Turkey & Cheese Sandwich - Chicken Caesar Wrap - Bagel Kit	10 - Beef Hot Dog - Bbq Chicken Pasta - Broccoli Cheddar Potato Bowl W/ Dinner Roll - Sbj Sammie - Smoked Chicken Wrap - Bagel Kit	11 - Popcorn Chicken & Tater Bowl - Chicken Parm Hoagie - Pasta Primavera - Chicken Bacon Ranch Salad W/ Dinner Roll - Turkey & Cheese On Dutch Crunch - Bagel Kit	12 - Chicken & Rice Soup - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Picnic Bistro Box - Cobb Salad Wrap - Bagel Kit	13 - Pepperoni Pizza - Cheese Pizza - Louisiana Jambalaya - Asian Chicken Wrap - Santa Fe Chicken Salad - Bagel Kit
16 - Hamburger - Boneless Buffalo Chicken Wings & Rice Pilaf - Vegan Fried Rice - Breaded Chicken Salad - Spicy Chicken Wrap - Bagel Kit	17 - Pesto Chicken Sandwich - Sweet And Sour Chicken - Cheesy Breadsticks W/ Marinara Sauce - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	18 - Buffalo Chicken Hoagie - Teriyaki Chicken W/ Rice & Veggies - Minestrone Soup & Roll - Yogurt Berry Parfait W/ Muffin - Chicken Pesto Wrap - Bagel Kit	19 - Breaded Chicken Sandwich - Western Wrap Up - Cheesy Bean Dip W/ Tortilla Chips - Confetti Bean And Rice Salad - Breaded Chicken Wrap - Bagel Kit	20 - Pepperoni Pizza - Cheese Pizza - Bbq Chicken Pizza - Chicken Caesar Salad W/ Dinner Roll - Turkey & Cranberry Sandwich - Bagel Kit



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



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Monday	Tuesday	Wednesday	Thursday	Friday
23 - Cheeseburger - Chicken Enchiladas - Pasta X Plosion! - Sbj Sammie - Cobb Salad Wrap - Bagel Kit	24 - Spaghetti W/ Beef Meatsauce - Beef Hot Dog - Black Bean & Veggie Burrito - Teriyaki Chicken - Sushi Bowl - Cali Bistro Box - Bagel Kit	25 - Sesame Orange Chicken W/ Rice - Mr. Mike's Bbq Chicken Sandwich - Cheese Wrapadilla - Farmer's Market Chicken Salad W/ Dinner Roll - Turkey & Cheese On Dutch Crunch - Bagel Kit	26 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - B& C Burrito - Hummus Rainbow Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	27 - Pepperoni Pizza - Cheese Pizza - Bbq Chicken W/ Rice Pilaf - Chicken Caesar Wrap - Italian Market Salad - Bagel Kit
30 - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sbj Sammie - Chicken Bacon Ranch Wrap - Bagel Kit	1	2	3	4

Drinks

1% Milk, Nonfat Chocolate Milk

This institution is an equal opportunity provider and employer



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PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



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Monday	Tuesday	Wednesday	Thursday	Friday
2 - Melted Cheese Bagel - Breakfast Muffin - Breakfast Cereal	3 - Breakfast Burrito - Bagel W/ Cream Cheese - Breakfast Cereal	4 - Apple Cinnamon Frudel - Yogurt W/ Grahams - Breakfast Cereal	5 - Breakfast Bowl W/ Biscuit - Pan De Elote - Breakfast Cereal	6 - Southwest Breakfast Burrito - String Cheese W/ Mini Muffin - Breakfast Cereal
9 - French Toast Sticks - Breakfast Muffin - Breakfast Cereal	10 - Scrambled Eggs W/ Muffin - Concha - Breakfast Cereal	11 - Maple Chicken Biscuit - Bagel W/ Cream Cheese - Breakfast Cereal	12 - Egg & Cheese Burrito - Glazed Donut Holes - Breakfast Cereal	13 - Breakfast Chilaquilles - Breakfast Scone - Breakfast Cereal
16 - Melted Cheese Bagel - Bagel W/ Cream Cheese - Breakfast Cereal	17 - Sausage & Cheese Muffin Sandwich - Yogurt W/ Grahams - Breakfast Cereal	18 - Cherry Frudel - String Cheese W/ Mini Muffin - Breakfast Cereal	19 - Pancake Bites - Cinnamon Raisin Bagel W/ Cream Cheese - Breakfast Cereal	20 - Denver Scramble Burrito - Pan De Elote - Breakfast Cereal
23 - Apple Cinnamon Frudel - Bagel W/ Cream Cheese - Breakfast Cereal	24 - Scrambled Eggs W/ Muffin - Concha - Breakfast Cereal	25 - Maple Chicken Biscuit - Breakfast Muffin - Breakfast Cereal	26 - Sausage Biscuit Sandwich - Glazed Donut Holes - Breakfast Cereal	27 - Egg, Bacon & Cheese Scramble W/ Roll - Cinnamon Raisin Bagel W/ Cream Cheese - Breakfast Cereal
30 - Melted Cheese Bagel - Breakfast Scone - Breakfast Cereal	1	2	3	4

Drinks

1% Milk, Nonfat Chocolate Milk

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Monday	Tuesday	Wednesday	Thursday	Friday
2 - Vegan Pinto Pozole W/ Tortilla Chips	3 - Vegan Spanish Beans W/ Cilantro Lime Rice	4 - Vegan Red Beans & Rice	5 - Vegan 3 Bean Chili W/ Tortilla Chips	6 - Vegan Fried Rice
9 - Vegan Burrito Bowl	10 - Vegan Tikka Masala	11 - Myo Vegan Tacos	12 - Vegan Pinto Pozole W/ Tortilla Chips	13 - Vegan Spanish Beans W/ Cilantro Lime Rice
16 - Vegan Red Beans & Rice	17 - Vegan 3 Bean Chili W/ Tortilla Chips	18 - Vegan Fried Rice	19 - Vegan Burrito Bowl	20 - Vegan Tikka Masala
23 - Vegan 3 Bean Chili W/ Tortilla Chips	24 - Vegan Fried Rice	25 - Vegan Burrito Bowl	26 - Vegan Tikka Masala	27 - Myo Vegan Tacos
30 - Vegan Pinto Pozole W/ Tortilla Chips	1	2	3	4

Drinks

1% Milk, Nonfat Chocolate Milk

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ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



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Field Trip JUNE

Monday	Tuesday	Wednesday	Thursday	Friday
2 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	3 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	4 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	5 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	6 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit
9 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	10 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	11 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	12 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	13 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit
16 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	17 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	18 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	19 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	20 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit
23 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	24 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	25 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	26 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	27 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit
30 - Turkey & Cheese Sandwich - Sbj Sammie - Bagel Kit	1	2	3	4

Drinks

1% Milk, Nonfat Chocolate Milk

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ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



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UNIVERSITY PREPERATORY ACADEMY
CHARTER HIGH SCHOOL
JUNE

LUNCH K-8 & 9-12
2024-2025



Date	Menu Item	Allergens
Monday 2	Hamburger	Wheat, Soy, Beef, Sesame
	Pasta W/ Olive Oil & Parmesan	Veg Wheat, Milk
	Curry Fried Rice	Veg Wheat, Soy, Egg, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Tuesday 3	Chicken Corn Dog	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Chicken Enchiladas	Soy, Milk, Chicken, Tomato, Sesame
	Veggie Chow Mein	Veg Wheat, Soy, Egg, Sesame
	Bbq Chicken Wrap	Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Athenian Chicken Salad W/ Pita Triangles	Wheat, Milk, Chicken, Tomato
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Wednesday 4	Chicken Calzone	Wheat, Soy, Egg, Milk, Pork, Chicken, Fish, Tomato, Sesame
	Chicken Chow Mein	Wheat, Soy, Egg, Chicken, Sesame
	Pasta W/ Marinara & Mozzarella	Veg Wheat, Egg, Milk, Tomato
	Yogurt Berry Parfait W/ Muffin	Veg Wheat, Egg, Milk, Soy
	Pesto Caprece Salad	Veg Wheat, Milk, Tomato
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Thursday 5	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
	Chicken Kapama W/ Olive Oil & Parmesan Pasta	Chicken, Wheat, Milk, Tomato
	Mac & Cheese	Veg Wheat, Milk
	Tex Mex Bistro Box W/ Tortilla Chips	Soy, Milk, Tomato, Sesame
	Turkey & Cheese Hoagie	Wheat, Milk, Turkey, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Friday 6	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey

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Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
Bbq Chicken Pizza		Wheat, Soy, Milk, Pork, Chicken, Tomato
Chicken Caesar Salad W/ Dinner Roll		Wheat, Soy, Milk, Chicken, Sesame
		Wheat, Soy, Milk, Pork, Beef, Turkey, Sesame
Italian Deli Sub		Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Monday 9

Bbq Cheeseburger		Wheat, Soy, Milk, Beef, Tomato, Sesame
Greek Chicken W/ Rice Pilaf		Chicken
Pasta X Plosion!	Veg	Wheat, Milk, Tomato
Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Tuesday 10

Beef Hot Dog		Wheat, Soy, Beef, Sesame
Bbq Chicken Pasta		Chicken, Wheat, Milk, Tomato
Broccoli Cheddar Potato Bowl W/ Dinner Roll	Veg	Wheat, Soy, Egg, Milk, Sesame
Sbj Sammie	Veg	Wheat, Soy, Sesame
Smoked Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Wednesday

11

Popcorn Chicken & Tater Bowl		Soy, Milk, Chicken, Wheat
		Wheat, Soy, Milk, Chicken, Tomato, Sesame
Chicken Parm Hoagie		
Pasta Primavera	Veg	Wheat, Milk, Soy
Chicken Bacon Ranch Salad W/ Dinner Roll		Wheat, Soy, Egg, Milk, Pork, Chicken, Tomato, Sesame
Turkey & Cheese On Dutch Crunch		Wheat, Soy, Milk, Turkey, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Thursday 12

Chicken & Rice Soup		Wheat, Soy, Chicken, Sesame
Chicken Nuggets W/ Rice Pilaf		Wheat, Soy, Egg, Milk, Chicken, Sesame
Cheese Ravioli W/ Marinara Sauce	Veg	Egg, Milk, Wheat, Tomato
Picnic Bistro Box		Wheat, Soy, Milk, Chicken, Sesame
Cobb Salad Wrap		Wheat, Soy, Egg, Milk, Tomato, Turkey
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Friday 13

Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
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Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
Louisiana Jambalaya		Beef, Tomato, Turkey
Asian Chicken Wrap		Wheat, Soy, Milk, Chicken, Sesame
Santa Fe Chicken Salad		Chicken, Milk, Tomato, Soy, Egg
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Monday 16

Hamburger		Wheat, Soy, Beef, Sesame
Boneless Buffalo Chicken Wings & Rice Pilaf		Wheat, Soy, Milk, Chicken, Sesame
Vegan Fried Rice	V	Soy, Sesame
Breaded Chicken Salad		Wheat, Soy, Egg, Milk, Chicken, Tomato, Sesame
Spicy Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Tuesday 17

Pesto Chicken Sandwich		Chicken, Milk, Wheat, Soy
Sweet And Sour Chicken		Wheat, Soy, Egg, Milk, Chicken, Sesame
Cheesy Breadsticks W/ Marinara Sauce	Veg	Wheat, Soy, Milk, Tomato, Sesame
Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
Sbj Sammie	Veg	Wheat, Soy, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Wednesday

18

Buffalo Chicken Hoagie		Wheat, Soy, Milk, Chicken
Teriyaki Chicken W/ Rice & Veggies		Wheat, Soy, Chicken, Sesame
Minestrone Soup & Roll	Veg	Wheat, Soy, Egg, Tomato, Sesame
Yogurt Berry Parfait W/ Muffin	Veg	Wheat, Egg, Milk, Soy
Chicken Pesto Wrap		Chicken, Wheat, Milk, Soy
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Thursday 19

Breaded Chicken Sandwich		Wheat, Soy, Milk, Chicken, Sesame
Western Wrap Up		Wheat, Soy, Milk, Chicken, Tomato, Sesame
Cheesy Bean Dip W/ Tortilla Chips		Milk, Soy
Confetti Bean And Rice Salad		Tomato
Breaded Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Friday 20

Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
Bbq Chicken Pizza		Wheat, Soy, Milk, Pork, Chicken, Tomato



Chicken Caesar Salad W/ Dinner Roll		Wheat, Soy, Milk, Chicken, Sesame
Turkey & Cranberry Sandwich		Wheat, Soy, Turkey, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Monday 23

Cheeseburger		Wheat, Soy, Milk, Beef, Sesame
Chicken Enchiladas		Soy, Milk, Chicken, Tomato, Sesame
Pasta X Plosion!	Veg	Wheat, Milk, Tomato
Sbj Sammie	Veg	Wheat, Soy, Sesame
Cobb Salad Wrap		Wheat, Soy, Egg, Milk, Tomato, Turkey
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Tuesday 24

Spaghetti W/ Beef Meatsauce		Wheat, Egg, Beef, Milk, Tomato, Soy
Beef Hot Dog		Wheat, Soy, Beef, Sesame
Black Bean & Veggie Burrito	Veg	Milk, Wheat, Tomato
Teriyaki Chicken Sushi Bowl		Wheat, Soy, Chicken, Sesame
Cali Bistro Box		Wheat, Soy, Egg, Milk, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Wednesday

25

Sesame Orange Chicken W/ Rice		Wheat, Soy, Chicken, Sesame
Mr. Mike's Bbq Chicken Sandwich		Wheat, Soy, Milk, Chicken, Tomato, Sesame
Cheese Wrapadilla		Wheat, Milk
Farmer's Market Chicken Salad W/ Dinner Roll		Wheat, Soy, Egg, Milk, Chicken, Sesame
Turkey & Cheese On Dutch Crunch		Wheat, Soy, Milk, Turkey, Sesame
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Thursday 26

Chicken Nuggets W/ Olive Oil & Parmesan Pasta		Wheat, Soy, Egg, Milk, Chicken, Sesame
Beef Chili W/ Cornbread		Wheat, Soy, Egg, Milk, Beef, Tomato
B& C Burrito	Veg	Milk, Wheat, Soy
Hummus Rainbow Wrap	Veg	Wheat
Southwest Veggie Taco Salad W/ Tortilla Chips		Milk, Soy, Tomato, Egg
Bagel Kit	Veg	Wheat, Soy, Milk, Sesame

Friday 27

Pepperoni Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
Cheese Pizza	Veg	Wheat, Soy, Milk, Tomato
Bbq Chicken W/ Rice Pilaf		Chicken, Tomato
Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish



	Italian Market Salad		Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Monday 30	Hamburger		Wheat, Soy, Beef, Sesame
	Pasta W/ Olive Oil & Parmesan	Veg	Wheat, Milk
	Curry Fried Rice	Veg	Wheat, Soy, Egg, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Chicken Bacon Ranch Wrap		Wheat, Milk, Pork, Chicken, Egg, Tomato
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame



UNIVERSITY PREPERATORY ACADEMY
CHARTER HIGH SCHOOL
JUNE

BREAKFAST K-12
2024-2025



Date	Menu Item	Allergens
Monday 2	Melted Cheese Bagel	Wheat, Soy, Milk, Sesame
	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 3	Breakfast Burrito	Wheat, Soy, Egg, Pork, Beef, Turkey
	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday		
4	Apple Cinnamon Frudel	Veg Wheat, Soy, Egg, Milk
	Yogurt W/ Grahams	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 5	Breakfast Bowl W/ Biscuit	Wheat, Soy, Egg, Milk, Pork, Beef, Turkey, Sesame
	Pan De Elote	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 6	Southwest Breakfast Burrito	Egg, Milk, Wheat, Soy
	String Cheese W/ Mini Muffin	Milk, Wheat, Soy, Egg
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<hr/>		
Monday 9	French Toast Sticks	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 10	Scrambled Eggs W/ Muffin	Egg, Milk, Soy, Wheat, Egg
	Concha	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday		
11	Maple Chicken Biscuit	Wheat, Soy, Milk, Chicken, Sesame
	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 12	Egg & Cheese Burrito	Wheat, Soy, Egg, Milk, Pork, Turkey
	Glazed Donut Holes	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

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Friday 13	Breakfast Chilaquilles	Wheat, Soy, Egg, Milk
	Breakfast Scone	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<hr/>		
Monday 16	Melted Cheese Bagel	Wheat, Soy, Milk, Sesame
	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 17	Sausage & Cheese Muffin Sandwich	Milk, Wheat, Soy
	Yogurt W/ Grahams	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday		
18	Cherry Frudel	Wheat, Soy, Egg, Milk
	String Cheese W/ Mini Muffin	Milk, Wheat, Soy, Egg
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 19	Pancake Bites	Wheat, Soy, Egg, Milk, Sesame
	Cinnamon Raisin Bagel W/ Cream Cheese	Wheat, Soy, Milk, Pork, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 20	Denver Scramble Burrito	Wheat, Soy, Egg, Milk, Pork
	Pan De Elote	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<hr/>		
Monday 23	Apple Cinnamon Frudel	Veg Wheat, Soy, Egg, Milk
	Bagel W/ Cream Cheese	Wheat, Soy, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 24	Scrambled Eggs W/ Muffin	Egg, Milk, Soy, Wheat, Egg
	Concha	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday		
25	Maple Chicken Biscuit	Wheat, Soy, Milk, Chicken, Sesame
	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 26	Sausage Biscuit Sandwich	Wheat, Soy, Milk, Pork, Turkey
	Glazed Donut Holes	Wheat, Soy, Egg, Milk, Sesame
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 27	Egg, Bacon & Cheese Scramble W/ Roll	Wheat, Soy, Egg, Milk, Pork



Cinnamon Raisin Bagel W/ Cream
Cheese
Breakfast Cereal

Wheat, Soy, Milk, Pork, Sesame
Wheat, Soy, Milk, Pork, Beef

Monday 30

Melted Cheese Bagel
Breakfast Scone
Breakfast Cereal

Wheat, Soy, Milk, Sesame
Wheat, Soy, Egg, Milk, Sesame
Wheat, Soy, Milk, Pork, Beef



UNIVERSITY PREPERATORY ACADEMY
CHARTER HIGH SCHOOL
JUNE

Vegan / Gluten
Free



Date	Menu Item	Allergens
Monday 2	Vegan Pinto Pozole W/ Tortilla Chips	V Tomato
	Vegan Spanish Beans W/ Cilantro Lime	
Tuesday 3	Rice	V Tomato
Wednesday 4	Vegan Red Beans & Rice	Tomato
Thursday 5	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato
Friday 6	Vegan Fried Rice	V Soy, Sesame
Monday 9	Vegan Burrito Bowl	V Tomato
Tuesday 10	Vegan Tikka Masala	V Tomato
Wednesday 11	Myo Vegan Tacos	V Tomato
Thursday 12	Vegan Pinto Pozole W/ Tortilla Chips	V Tomato
	Vegan Spanish Beans W/ Cilantro Lime	
Friday 13	Rice	V Tomato
Monday 16	Vegan Red Beans & Rice	Tomato
Tuesday 17	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato
Wednesday 18	Vegan Fried Rice	V Soy, Sesame
Thursday 19	Vegan Burrito Bowl	V Tomato
Friday 20	Vegan Tikka Masala	V Tomato
Monday 23	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato
Tuesday 24	Vegan Fried Rice	V Soy, Sesame
Wednesday 25	Vegan Burrito Bowl	V Tomato
Thursday 26	Vegan Tikka Masala	V Tomato

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Friday 27

Myo Vegan Tacos

V

Tomato

Monday 30

Vegan Pinto Pozole W/ Tortilla Chips

V

Tomato

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UNIVERSITY PREPERATORY ACADEMY CHARTER HIGH SCHOOL

JUNE

Field Trip



Date	Menu Item	Allergens
Monday 2	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Tuesday 3	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Wednesday		
4	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Thursday 5	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Friday 6	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
<hr/>		
Monday 9	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Tuesday 10	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Wednesday		
11	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame
Thursday 12	Turkey & Cheese Sandwich	Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg Wheat, Soy, Sesame
	Bagel Kit	Veg Wheat, Soy, Milk, Sesame

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Friday 13	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Monday 16	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Tuesday 17	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Wednesday			
18	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Thursday 19	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Friday 20	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Monday 23	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Tuesday 24	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Wednesday			
25	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Thursday 26	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame
Friday 27	Turkey & Cheese Sandwich		Wheat, Soy, Milk, Turkey, Sesame
	Sbj Sammie	Veg	Wheat, Soy, Sesame
	Bagel Kit	Veg	Wheat, Soy, Milk, Sesame



Monday 30

Turkey & Cheese Sandwich

Sbj Sammie

Bagel Kit

Veg

Veg

Wheat, Soy, Milk, Turkey, Sesame

Wheat, Soy, Sesame

Wheat, Soy, Milk, Sesame

